

Qivana- One Stop Wellness Clinic's New Products

Now offering Qivana supplements- scientifically backed botanical based systems to promote better health and wellness.

Edina, MN (January 2013) - At the heart of Qivana's approach to health is the Qore System, a practical health regimen created with natural products that follows a three-step philosophy— Stabilize, Vitalize, and Optimize. This system supports healthy blood pressure, blood sugar, cholesterol regulation, and it provides anti-oxidants to promote healing and overall well being. The Qore System includes three products:

- Qore™ Probiotic – Created to help replenish healthy bacteria in the gut with a unique and proprietary blend of probiotics and Japanese technology to guarantee these healthy bacteria are delivered to the intestines unharmed.
- Qore™ Essentials – A daily proprietary blend of Asian herbs designed to help people reach their biogenetic potential. Among the herbs in Essentials is Gynostemma pentapyllum, also known as the Immortality Herb™, Chinese Skullcap and White Korean Ginseng.
- Qivana's Qore Detox – Contains Puratox™, an exclusive blend of natural products, with a scientifically-validated ability to rid the body of heavy metals, free radicals and toxins.

“These systems are meant to all be used together for optimal health and wellbeing. It is always important to talk with your health practitioner to ensure you are taking proper supplements to provide necessary nutrients and symptom relief,” stated Katie McClellan PA-C.

The METOBOLIQ system is the next system by Qivana and contains meal replacement bars and shakes coupled with two supplements to boost metabolism and resist sweets. This helps to wipe out carb addiction and retrain the body to crave healthy foods. The shakes are delicious and only have 220 calories with 29 grams of protein and the protein/energy bars are 180 calories. Metaboliq Boost supplement is also available to increase your metabolic rate up by providing a thermogenic effect which accelerates fat loss. Lastly, the Metaboliq Resist blocks your ability to taste or absorb sweets for 1-2 hours, which is great for blocking calories after dinner or during nervous snacking.

PRIME is the last supplement system by Qivana that is now offered. It is a Nitric Oxide Activator (N-O) is our secret weapon against cardiovascular problems. It immediately improves the circulation to the brain, heart, muscles and sexual organs with obvious benefits. It is superior to other N-O activators as it addresses the issue by multiple pathways instead of just L-arginine.

“PRIME is great for practically anyone, including patients who have elevated blood pressure and stress as well as those that are healthy and athletic” said Dr. Steven Shu.

One Stop Wellness is the latest in wellness services for Minnesota and the surrounding states. Our wellness program is comprised of both practitioner guided bio-identical hormone therapy using natural hormones and weight loss programs based on each individual. Our mission is to provide the highest level of personalized service to each of our patients. For more information on One Stop Wellness Clinic, please visit the center's website at

<http://www.onestopwellnessclinic.com>.

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